Diet of the Lessepsian fishes, Siganus rivulatus and S. luridus (Siganidae) in the eastern Mediterranean: A bibliographic analysis

by

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ABSTRACT. - The Lessepsian fishes Siganus rivulatus and S. luridus are common herbivores in the eastern Mediterranean, where they adapted themselves to the algal resources of the new environment. It appears that in the eastern Mediterranean S. rivulatus grazes on the majority of available macrophytes, with a preference for certain taxa such as Sphacelaria spp., Polysiphonia spp., Ulva spp., Jania spp. and Halopteris spp. Siganus luridus seems to select some of most common macrophytes found in the eastern Mediterranean (e.g., Halopteris spp., Padina spp., Sphacelaria spp., Polysiphonia spp., Ulva spp., Sargassum spp.). Siganus luridus occasionally ingests the toxic exotic macrophyte Caulerpa racemosa. Both Siganidae feed non-selectively during the cold season. Grazing of macrophytes varies in proportion with seasons, reflecting the seasonal variations of macrophyte populations. The proportions also appear to change with fish size, probably in relation to energetic needs as well as changing grazing capabilities with relation to age. In addition, small invertebrates can be ingested accidentally, while the ingestion of sand might have a function in digestion. In the Mediterranean, both Siganidae have considerably modified their diet to adapt themselves to new algal resources, which differ significantly from those found in the Red Sea.

RÉSUMÉ. - Régime alimentaire des poissons lessepsiens, *Siganus rivulatus* et *S. luridus* (Siganidae) en Méditerranée orientale : synthèse bibliographique.

Siganus rivulatus et S. luridus sont deux espèces lessepsiennes herbivores communes en Méditerranée orientale où elles ont ajusté leur régime alimentaire aux ressources algales de leur nouvel environnement. Il semble qu'en Méditerranée orientale, S. rivulatus broute la majorité des macrophytes disponibles mais avec une préférence pour certains taxa comme Sphacelaria spp., Polysiphonia spp., Ulva spp., Jania spp. et Halopteris spp. Siganus luridus semble choisir davantage certaines macrophytes comme Halopteris spp., Padina spp., Sphacelaria spp., Polysiphonia spp., Ulva spp. et Sargassum spp., qui sont parmi les plus communes en Méditerranée orientale. Siganus luridus semble également ingérer occasionnellement l'espèce exotique et toxique Caulerpa racemosa. Les deux espèces ont une alimentation non sélective durant la saison froide. La fréquence des macrophytes consommées varie avec la saison en relation avec les fluctuations des ressources algales. Les proportions ingérées changent également avec la taille des poissons, ce qui est probablement dû aux changements des besoins énergétiques et des capacités de broutage avec l'âge. Par ailleurs, divers petits invertébrés peuvent être ingérés accidentellement alors que le sable ingéré pourrait avoir un rôle dans la digestion. En Méditerranée, les deux Siganidae ont modifié considérablement leur régime alimentaire pour s'adapter à des ressources algales très différentes de celles de la mer Rouge.

Key words. - Siganidae - Siganus rivulatus - Siganus luridus - Rabbitfish - Lessepsian fish - MED - Diet - Herbivory.

Food ingested by carnivores is of a relatively uniform quality and thus more easily digested and assimilated (Stevens and Hume, 1995). Inversely, digestion is more complicated for herbivores and omnivores and specific adaptations of the digestive system are required (Chivers and Langer, 1994). Herbivorous fishes are usually classified as grazers or browsers (Ogden and Lobel, 1978). They generally share, therefore, a particular morphology; specifically characterized by a short blunt snout with closely set teeth as an adaptation to grazing (Ogden and Lobel, 1978; Choat, 1991). Internally, they usually have a much longer digestive tract compared to non-herbivorous species of similar sizes (Horn, 1989), thereby providing them with a larger surface for digestion and assimilation. The majority of herbivorous fish-

es start their life as carnivores or omnivores before adopting a diet composed of macrophytes (White, 1985). Ultimately, no fish can be an absolute herbivore since it will always ingest small animal material living in close association with macrophytes (Horn, 1989). Herbivores are usually found in shallow water, where macrophytes are abundant and diverse (Sheppard *et al.*, 1992).

Siganidae are a family of herbivorous fishes living in the Indo-West Pacific (Woodland, 1983). The diet of many Siganidae has been studied extensively (Hiatt and Strasburg, 1960; Tsuda and Bryan, 1973; Westernhagen, 1973a, 1973b, 1974; Bryan, 1975; Tobias, 1976). Siganidae are generally considered as conservative in their diet, which makes their distribution on the tropical reefs more restricted than that of

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Acanthuridae or Scaridae (Choat, 1991). After the opening of the Suez Canal in 1869, many Eritrean species invaded the eastern Mediterranean and are known as Lessepsian migrants (Por, 1978). Two Siganidae are part of this tropical inflow: Siganus rivulatus Forsskål, 1775 was first recorded by Steinitz in 1927 (Tortonese, 1970), whereas Siganus luridus (Rüppell, 1829) appeared in 1956 (Ben-Tuvia, 1964). Both species have since established large populations in their new environment (Golani et al., 2002; Bariche et al., 2004), where they feed on algal communities dissimilar from those in their area of origin. Prior to Lessepsian migration, only few native herbivorous fishes existed in the Mediterranean (Verlaque, 1990). For two decades, a significant amount of research focused on the diet of Siganus rivulatus and S. luridus in the Red Sea (Lundberg and Lipkin, 1979; Lundberg, 1981a), in the eastern Mediterranean (Lundberg, 1980; Karagitson et al., 1986; Stergiou, 1988; Dowidar et al., 1992; Lundberg and Golani, 1993, 1995; Lundberg and Lipkin, 1993; Lundberg et al., 1999a, 1999b, 2004; Hamza et al., 2000) as well as studies comparing the diet in the two seas (Lundberg, 1981b, 1989; Lundberg and Golani, 1995). The digestive tract of S. rivulatus was studied by Rizkalla et al. (1988).

This paper does not provide new data on the diet itself but presents a discussion and a synthesis on the diet of the Lessepsian Siganidae in the eastern Mediterranean in order to draw general conclusions on their diet related to their new environment.

OVERVIEW OF PUBLISHED DATA

Diet in the eastern Mediterranean

Siganus rivulatus

A large majority of macrophytes living on the superficial Vermetid reefs (platforms and walls) and on deeper bottoms were found grazed upon by Siganus rivulatus at Mikhmoret (Israel). The selection, however, varied and the frequency of macrophytes in the digestive tract of the fish differed largely (Lundberg, 1980). Some species common among the vegetation were occasionally ingested. Corallina elongata J. Ellis & Solander (as C. mediterranea) and Sargassum vulgare C. Agardh, nom. illeg., represented respectively 12.5% and 3.8% of the algal cover and occurred each by only 0.5% in the digestive tracts of Mediterranean Siganidae (Lundberg, 1980). In contrast, other species were strongly selected, being found in higher proportions in the guts than in the vegetation. Polysiphonia spp., Sphacelaria spp. and Ulva lactuca Linnaeus were found in the digestive tracts (DT) respectively at 13.4%, 12.7% and 12.2% but were represented in the vegetation (VG) only at 3.3%, 1.4% and 7.6%. Other macrophytes were found in similar proportions in the guts and the vegetation. Species of Cladophora (DT = 4.4%; VG = 2.1%), *Bryopsis* (DT = 3.6%; VG = 2.4%) and *Enteromorpha* (DT = 3.4%; VG = 2.3%) were among the most frequently represented. Lastly, some rare species of macrophytes present at shallow depths in the vegetation of the eastern Mediterranean (VG \leq 0,1%) were never found in the digestive tract e.g., *Bangia atropurpurea* (Roth) C. Agardh (as *B. fuscopurpurea*), *Schottera nicaeënsis* (J.V. Lamouroux ex-Duby) Guiry & Hollenberg (as *Petroglossum nicaeënsis*), *Petalonia fascia* (O.F. Müller) Kuntze and *Galaxaura* spp. (Lundberg, 1980).

Some taxa such as *Polysiphonia* spp., *Sphacelaria* spp., Ulva lactuca, and Jania rubens (Linnaeus) J.V. Lamouroux were also well represented in the stomach contents at Mikhmoret (N = 45) (Lundberg, 1981b) while others, such as Ectocarpus spp., Cladophora spp., Bryopsis spp., Stypocaulon scoparium (Linnaeus) Kützing (as Halopteris scoparia), Spatoglossum asperum J. Agardh, Taonia atomaria (Woodward) J. Agardh and Enteromorpha spp. had a secondary importance in terms of frequency. In Kastellorizo (Greece, off southwestern Anatolia), *Dictyota* spp. (97.6%) of individuals, N = 89), Sphacelaria spp. (84.7%) and Cystoseira spp. (52.9%) were dominant (Karagitson et al., 1986). In Alexandria (Egypt) Ulva spp., Cystoseira spp. and Corallina spp. represented the preferred macrophytes of S. rivulatus (N = 673) when *Ulva* spp. and *Corallina* spp. were the most abundant taxa (Dowidar et al., 1992). At Mikhmoret, among the large variety of macrophytes grazed upon by S. rivulatus (N = 307), Lundberg and Lipkin (1993) found a dozen taxa representing 80% of the diet of which Polysiphonia spp., Sphacelaria spp., Jania spp. and Ulva spp. represented more than the half. Sphacelaria spp., Polysiphonia spp., Ulva spp., Jania rubens, Hypnea spp., Ectocarpus spp., Codium spp., Gelidiella spp. and Spatoglossum asperum dominated a group of selected taxa and secondarily Bryopsis spp., Cladophora spp., Taonia atomaria, Stypocaulon scoparium (as Halopteris scoparia) and Gelidium spp. as reported by Lundberg and Golani (1995) from the Mediterranean coast of Israel (N = 418). In Cyprus, Lundberg et al. (1999b) obtained different results from anywhere else in the Mediterranean with a clear dominance in the digestive tracts of S. rivulatus (N = 8), Cystoseira spp., Polysiphonia spp., Dictyota mediterranea (Schiffner) G. Furnari (as Dilophus mediterraneus), Gelidium spp., Halopteris filicina (Grateloup) Kützing and some unidentified "filamentous red algae" and secondarily Codium spp., Ulva spp., Padina spp., Sargassum spp., Jania spp., Rytiphlaea tinctoria (Clemente y Rubio) C. Agardh as well as a small percentage of the seagrass Posidonia oceanica (Linnaeus) Delile. Table I shows those macrophytes most frequently reported in the guts of S. rivulatus in the eastern Mediterranean.

Non-macrophytic taxa were also found in the digestive tract of *S. rivulatus*. Karagitson *et al.* (1986) reported epiphytic diatoms (100% of individuals, N = 89), hydrozoans

Table I Most reported macrophytes in the stomach content of Siganus rivulatus. X: occurrence. [Macrophytes les plus fréquentes dans le
contenu stomacal de Siganus rivulatus. X: présence.]

	Siganus rivulatus						
	Lundberg (1981b)	Karagitson et al. (1986)	Dowidar et al. (1992)	Lundberg and Golani (1993)	Lundberg and Lipkin (1993)	Lundberg and Golani (1995)	Lundberg et al. (1999a)
Chlorophyta							
Bryopsis spp.	X				X	X	
Cladophora spp.	X				X	X	
Codium spp.						X	X
Enteromorpha spp.	X				X		
<i>Ulva</i> spp.	X		X	X	X	X	X
Rhodophyta							
Corallina spp.			X				
Gelidiella spp.					X	X	
Gelidium spp.						X	X
Hypnea spp.				X		X	
Jania spp.	X				X	X	X
Laurencia spp.						X	
Peyssonnelia spp.				X			
Polysiphonia spp.	X				X	X	X
Rytiphlaea spp.							X
"Filamentous red algae"							X
Incertae sedis							
(Class Phaeophyceae)							
Cystoseira spp.		X	X				X
Dictyota spp.		X					
Dilophus spp.							X
Ectocarpus spp.	X				X	X	
Halopteris spp.	X				X	X	X
Padina spp.				X			X
Sargassum spp.			X	X			X
Spatoglossum asperum	X				X	X	
Sphacelaria spp.	X	X			X	X	
Taonia atomaria	X				X	X	
Magnioliophyta							
Posidonia oceanica			X				

(27.0%) and some detritus (95.3%). Dowidar *et al.* (1992) reported bryozoans, crustaceans, polychaetes and molluscs representing 28% of the stomach contents whereas Lundberg *et al.* (1999b) reported animal fragments in small quantities. Sand was also reported in considerable quantities (30-70%) from specimens studied in Greece and Egypt (Karagiston *et al.*, 1986; Dowidar *et al.*, 1992).

Siganus luridus

Jania rubens and Corallina elongata (as C. mediterranea) make up almost one third of the vegetation of the Mediterranean coast of Israel. Other abundant species are Gelidiella pannosa (Feldmann) Feldmann & G. Hamel, Polysiphonia spp., Sphacelaria spp., Sargassum spp., Stypocaulon scoparium (as Halopteris scoparia), Ulva spp., Colpomenia sinuosa (Mertens ex-Roth) Derbès & Solier, Spatoglossum asperum, Taonia atomaria, Chondracanthus acicularis

(Roth) Fredericq (as Gigartina acicularis), Gelidium spp., Amphiroa rigida J.V. Lamouroux and Peyssonnelia squamaria (S.G. Gmelin) Decaisne (Lundberg and Golani, 1995). Specimens from southern Israel (N = 110), Gelidiella pannosa, Polysiphonia spp. and Sphacelaria spp. composed 49% of the diet whereas Peyssonnelia squamaria, Stypocaulon scoparium (as Halopteris scoparia) and Ulva spp. were abundant and Spatoglossum asperum, Colpomenia sinuosa and Taonia atomaria were common as well (Lundberg and Golani, 1995). On the northern coast of Israel, Padina spp., Sargassum spp., Dictyota spp., Dilophus spp., Dictyopteris polypodioides (A.P. de Candolle) J.V. Lamouroux (as D. membranacea), Taonia atomaria and Spatoglossum spp. composed 60% of the diet. Polysiphonia spp., Sphacelaria spp., Ulva spp., Gelidiella pannosa were largely grazed and the consumption of Laurencia spp. was common (Lundberg and Golani, 1995). It is impossible to know what taxa were

really avoided. In Kastellorizo, *Dictyota* spp. (95% of individuals), *Cystoseira* spp. (72%), *Sphacelaria* spp. (68%), *Dictyopteris polypodioides* (as *D. membranacea*) (35%), *Rytiphlaea tinctoria* (35%), *Padina pavonica* (Linnaeus) Thivy in W.R. Taylor (30%), *Kallymenia* spp. (23.1%), *Dilophus* spp. (15%) and *Gelidium* spp. (13%) were the most frequent taxa found in the digestive tracts (N = 209) (Stergiou, 1988). Other taxa occurred with lower frequencies and the seagrass *Posidonia oceanica* was present in 4.2% of the individuals (Stergiou, 1988).

Like for Siganus rivulatus, S. luridus (N = 17) from Cyprus presented different stomach contents from those in other Mediterranean areas. In order of decreasing abundance, the following have been reported: Polysiphonia spp., Dilophus mediterraneus, Sphaerococcus spp., Halopteris filicina, Sphacelaria spp., Padina spp., Anadyomene stellata

Table II. - Most reported macrophytes in the stomach content of *Siganus luridus*. X: occurrence. [Macrophytes les plus fréquentes dans le contenu stomacal de Siganus luridus. X: présence.]

Siganus luridus Stergiou Lundberg and Lundberg and Lundberg Golani (1993) Golani (1995) et al. (1999a) (1988)Chlorophyta Anadyomene spp. X X Caulerpa racemosa X Chaetomorpha spp. X X Cladophora spp. X X Ulva spp. X Rhodophyta X X Gelidiella spp. X Gelidium spp. Kallymenia spp. X X Laurencia spp. X X Peyssonnelia spp. X X X X Polysiphonia spp. X Rytiphlaea spp. X Sphaerococcus spp. "Filamentous red algae" X Incertae sedis (Class Phaeophyceae) X Colpomenia spp. Cystoseira spp. X Dictyopteris polypodioides X X X X Dictyota spp. Dilophus spp. X X X X Ectocarpus spp. X X X X Halopteris spp. X X X X Padina spp. X X X Sargassum spp. X Spatoglossum asperum X X X X Sphacelaria spp. X Taonia atomaria Magnioliophyta Posidonia oceanica X X

(Wulfen) C. Agardh, *Cladophora* spp., and some "filamentous red algae". *Ulva* spp., *Ectocarpus* spp., *Sargassum* spp. and *Posidonia oceanica* were found in smaller quantities (Lundberg *et al.*, 1999b). The presence of the toxic *Caulerpa racemosa* (Forsskål) J. Agardh is noteworthy. Table II shows the most reported macrophytes from the guts of *S. luridus* in the eastern Mediterranean.

As in the case of $Siganus\ rivulatus$, non-macrophytic taxa were also ingested by $S.\ luridus$. These included diatoms (100% of individuals, N = 209), hydrozoans (15%) copepods, euphausiids and gastropods. Furthermore, 73% of individuals had ingested sand in Greece (Stergiou, 1988).

Variability with season

Both species of Siganidae show a seasonal difference in the proportions of ingested macrophytes (Tabs III, IV). In

Siganus rivulatus, Ulva lactuca was dominant in the spring season (Lundberg, 1980; Lundberg and Lipkin, 1993; Lundberg et al., 2004). In fact, *Ulva* spp. represented 20-25% of the stomach contents and was followed by Sphacelaria spp., Cladophora spp., Taonia atomaria and Enteromorpha spp. (Lundberg and Lipkin, 1993). The presence of Polysiphonia spp., although ingested all year round, is minimal in spring (Lundberg and Lipkin, 1993). In Shiqmona, Lundberg et al. (1999a) reported also that Cladophora spp., Enteromorpha spp., Cladophoropsis membranacea (Hofman Bang ex-C. Agardh) Børgesen and some "red algae" are largely selected in the spring contrary to Corallina elongata and Jania rubens. Spatoglossum asperum and Ectocarpus spp., which were absent from the vegetation in spring (Lundberg and Lipkin, 1993). Chlorophytes, represented mainly by *Ulva* spp., *Entero*morpha spp. and Cladophora spp., represented 66% of the gut contents in 26 fish studied in Shiqmona (Lundberg et al., 2004). During the summer, the taxa Spatoglossum asperum, Polysiphonia spp., Jania spp., Sphacelaria spp., Gelidiella spp. are the most selected macrophytes together with Caulerpa spp. (Lundberg, 1980). Polysiphonia spp., Sphacelaria spp. and Spatoglossum asperum were also found in large quantities in

Table III. - Seasonal variation in the most common macrophytes grazed by Siganus rivulatus in the eastern Mediterranean. [Variation saisonnière des macrophytes les plus communes broutées par Siganus rivulatus en Méditerranée orientale.]

	Siganus rivulatus					
	N	307	74			
	Location	Israel (Mikhmoret)	Israel (Shiqmona)			
	Reference	Lundberg and Lipkin (1993)	Lundberg et al. (1999b)			
Winter	Chlorophyta	-	-			
	Rhodophyta	Jania spp.	-			
		Polysiphonia spp.				
	Phaeophyceae	Sphacelaria spp.	-			
Spring	Chlorophyta	Ulva spp.	Ulva spp.			
			Enteromorpha spp.			
			Cladophora spp.			
			Cladophoropsis membranacea			
	Rhodophyta	-	-			
	Phaeophyceae	-	-			
Summer	Chlorophyta	-	-			
	Rhodophyta	Jania spp.	-			
	Phaeophyceae	-	-			
Autumn	Chlorophyta	-	-			
	Rhodophyta	Polysiphonia spp.	-			
	Phaeophyceae	Sphacelaria spp.	Sphacelaria spp.			
			Sargassum spp.			
			Padina spp.			

Table IV. - Seasonal variation in the most common macrophytes grazed by Siganus luridus in the eastern Mediterranean. [Variation saisonnière des macrophytes les plus communes broutées par Siganus luridus en Méditerranée orientale.]

	Siganus luridus				
	N	209	61		
	Location	Greece (Kastellorhizo)	Israel (Shiqmona)		
	Reference	Stergiou (1988)	Lundberg et al. (1999a)		
Winter	Chlorophyta	-	-		
	Rhodophyta	-	-		
	Phaeophyceae	Dictyota spp.	-		
		Cystoseira spp.			
		Dictyopteris polypodioides			
Spring	Chlorophyta	-	Ulva spp.		
	Rhodophyta	-	-		
	Phaeophyceae	Dictyota spp.	Sargassum spp.		
		Sphacelaria spp.	Padina spp.		
Summer	Chlorophyta	-	-		
	Rhodophyta	-	-		
	Phaeophyceae	Dictyota spp.	-		
		Sphacelaria spp.	-		
		Cystoseira spp.	-		
Autumn	Chlorophyta	-	-		
	Rhodophyta	Gelidium spp.	-		
	Phaeophyceae	Cystoseira spp.	Sargassum spp.		
		Padina spp.	Padina spp.		
		Dictyota spp.	Sphacelaria spp.		

summer along with *Ectocarpus* spp., *Jania* spp., *Ulva* spp. and *Halopteris* spp. (Lundberg and Lipkin, 1993). In autumn, Lundberg and Lipkin (1993) found that *Polysiphonia* spp.

and Sphacelaria spp. were grazed in large quantities at Mikhmoret. Lundberg (1980) noticed a preference for *Polysip*honia spp., Sphacelaria spp. and Jania spp. although Sargassum spp., Padina spp. and Sphacelaria spp. were selected more often in September (Lundberg et al., 1999a). Brown algae (Sargassum spp., Padina spp., Sphacelaria spp.) were found in the guts of most collected fish (N = 17) in Shiqmona (Lundberg et al., 2004). In winter, Polysiphonia spp. and Sphacelaria spp. were consistently found in large quantities together with Jania spp., Bryopsis spp., Ulva spp. but no Spatoglossum asperum and Ectocarpus spp. (Lundberg and Lipkin, 1993) while Gelidiella spp., Jania spp. and Bryopsis spp. were found in the same proportions at all seasons (Lundberg and Lipkin, 1993). Some macrophytes are selected when they are abundant in the vegetation and, conversely, ignored when scarce. The consumption of *Ulva* spp. decreased only in the summer and autumn when this species was rare in the vegetation at Mikhmoret. On the contrary, Spatoglossum asperum, which was abundant during the same period, was heavily selected (Lundberg, 1980). This switching in the diet may be due to better reward rates in grazing different sub-habitats (Murdoch and Oaten, 1975). Ulva spp. occurred more on the Vermetid reefs platforms while Spatoglossum asperum was more common on the reef walls and on bottoms (Lundberg, 1980). Finally, it has been suggested that vision and also schooling behaviour may influence this diet switching (Ayala and Campbell, 1974; Murdoch and Oaten, 1975); S. rivulatus is a schooling fish and both macrophytes are large in size.

In Siganus luridus, "green algae" were not found at Kastellorizo in the spring when Dictyota spp., Cystoseira spp. and Sphacelaria spp. dominated in frequency and in biomass in spring and summer (Stergiou, 1988). In Shiqmona, S. luridus selected Sargassum spp., Padina spp.,

Ulva spp. and some "red algae" but avoided *Corallina elongata* and *Jania rubens* (Lundberg *et al.*, 1999a). *Sargassum* spp., *Dictyota* spp. and *Ulva* spp. were found in important

quantities in specimens (N = 5) sampled from Shiqmona (Lundberg et al., 2004). In autumn, stomach contents changed significantly since *Gelidium* spp., *Kuckuckia spinosa* (Kützing) Kornmann in Kuckuck and *Padina pavonica* became higher in biomass (Stergiou, 1988) while in Shiqmona, *Sargassum* spp., *Padina* spp. and *Sphacelaria* spp. were the most selected (Lundberg *et al.*, 1999a, 2004).

Variability with size

Like with many fishes, the diet of Siganidae changes with size (Lundberg, 1980; Dowidar *et al.*, 1992; Lundberg and Lipkin, 1993).

Siganus rivulatus (N = 258) of small sizes (< 130 mm TL) seem to prefer large and coarse macrophytes such as Spatoglossum asperum (about 28% of the stomach contents) and Sargassum spp. (about 8%). This can be compared to individuals of intermediate size (130-220 mm TL), which consume these same algae at about 16% and 1%, or even larger ones (> 220 mm TL) (5% and 0%) respectively (Lundberg and Lipkin, 1993). In contrast, small and tender, Polysiphonia spp. were less selected by the smallest fishes (about 8%) than by those fishes of intermediate and big sizes (about 16%). The smallest fishes also ingested less *Jania* spp. (6%) than the intermediate (16%) and the largest ones (25%)(Lundberg and Lipkin, 1993). The intermediate size individuals seem to have their own preferences since the selected macrophytes are not intermediate in size, the fish having ingested Cladophora spp. at about 7% and which was found in the smallest size class at about 3% or in the largest sizeclass at about 8%. These individuals of intermediate size had stomach contents comprising less *Ulva* spp. (1%) than small (3%) or large sizes (9%). The largest had a higher preference for Jania spp. than for Sargassum spp. At Alexandria, Dowidar et al. (1992) found that the composition of stomach contents was different where the macrophytes portion decreased and the animal material portion increased with the increase of fish size (Tab. V).

No information on the diet of *Siganus luridus* with regard to size is found in the literature.

Variability with sex

No significant difference was found between the diet of males and females of $Siganus\ rivulatus\ (N=673)$ studied along the coast of Alexandria (Egypt) (Dowidar $et\ al.$, 1992) and no information regarding $Siganus\ luridus$ was found in the literature.

DISCUSSION

In the eastern Mediterranean

The diet of an animal depends usually on the availability of the resources in different habitats. Herbivores and corals are very abundant in the Red Sea, which make the algal resources scarce and restricted to some unreachable refuges. Contrarily, the Mediterranean Sea is poor in herbivores and corals, which make it conversely rich in algal resources. Both species of Siganidae have modified their diet in the new environment compared to the populations of the Red Sea (Lundberg, 1981b, 1989; Lundberg and Golani, 1995). The two species are selective when macrophytes are diverse and present in large quantities and will eat what is available during the "bad" season (October-November), such as *Sargassum* spp., *Padina* spp. or *Sphacelaria* spp. (Lundberg *et al.*, 1999a).

Siganus rivulatus

Siganus rivulatus ingests the majority of macrophytes present in the eastern Mediterranean, but all the species are not consumed in the same proportions; selection depends on the season and fish size. Therefore, S. rivulatus is a selective species but its diet is influenced by the seasonal availability of macrophytes (Lundberg and Lipkin, 1993). The most consumed macrophytes are Sphacelaria spp., Polysiphonia spp., Ulva spp., Jania spp. and Halopteris spp. as well as other taxa found in important quantities such as Ectocarpus spp., Cladophora spp., Bryopsis spp., Cystoseira spp., Spatoglossum asperum and Taonia atomaria (Tab. I). "Calcareous red algae", abundant at Mikhmoret, are avoided by S. rivulatus

Table V. - Variation with fish size in the most common macrophytes grazed by Siganus rivulatus in the eastern Mediterranean. [Variation en fonction de la taille des poissons des macrophytes les plus communes broutées par Siganus rivulatus en Méditerranée orientale.]

	Siganus rivulatus					
N	258			673		
Location	Israel (Mikhmoret)			Egypt (Alexandria)		
Reference	Lundberg and Lipk	tin (1993)		Dowidar <i>et al.</i> (1992)		
Fish size	Small	Medium	Large	Small	Medium	Large
	(<130 mm TL)	(130-220 mm TL)	(>220 mm TL)	(<150 mm TL)	(150-240 mm TL)	(>250 mm TL)
Chlorophyta	-	Cladophora spp.		Ulva spp.	-	-
Rhodophyta	-	Polysiphonia spp.	Polysiphonia spp.	Corallina spp.	-	-
			Jania spp.			
Phaeophyceae	Spatoglossum spp.	-	-	-	-	Cystoseira spp.
	Sargassum spp.	-	-	-	-	Sargassum spp.
						Colpomenia spp.

except for *Jania rubens* (Tab. I). Being calcified, these are probably hard to detach from the substrate and poor in energy (Larkum *et al.*, 1967; Paine and Vadas, 1969). The large quantities of *Jania rubens* are likely to be explained by accidental ingestion when the Siganidae are searching for filamentous algae (e.g. *Polysiphonia* spp., *Sphacelaria* spp., *Cladophora* spp., *Ceramium* spp.), which grow side by side with *Jania* spp. (Lundberg, 1980). *Siganus rivulatus* grazes on the seagrass *Posidonia oceanica* (Lundberg, 1999a) but not *Cymodocea nodosa* (Ucria) Ascherson or the Lessepsian *Halophila stipulacea* (Forsskål) Ascherson, which in the Red Sea is grazed upon by *Siganus argenteus* (Quoy & Gaimard, 1825) (Lundberg and Lipkin, 1979).

Some taxa seem to be rather inaccessible. This is the case of Chondrophycus papillosus (C. Agardh) Garbary & Harper (as Laurencia papillosa), whose presence in the stomach contents of Siganus rivulatus is scarce (0.2%) but more represented in the environment (3.2%) (Lundberg, 1980). The reason seems to be that it grows more on the Vermetid platform (8.8%) than on deeper bottoms (0.2%). The zone where C. papillosus occurs is not grazed by Siganidae but it is certainly not an avoided species as suggested by Lundberg (1980). In the summer season, Lebanese fishermen collect C. papillosus in large quantities from the Vermetid platforms and use it in traps as bait to capture specifically Siganidae (Bariche, 2002). Furthermore, the presence of *Laurencia* spp. (probably *C. papillosus*) was common in the individuals studied by Lundberg and Golani (1995) in Israel. Another example is Bangia atropurpurea (as B. fuscopurpurea), which was never eaten by S. rivulatus (Lundberg, 1980). This species is also found in the intertidal zone and thus can also be considered as inaccessible.

Other non-macrophytic taxa can also be found in the digestive tract of Mediterranean Siganidae but in small proportions. Polychaetes, molluscs and crustaceans are probably ingested accidentally since they are part of the fauna living in close association with macrophytes. Epiphytic diatoms, found in all stomach contents (100%), are certainly ingested unintentionally. However, the energetic contribution of these taxa for the grazer is not clear. Possibly the sand found in large quantities in the stomach contents (30-70%) and usually considered as accidental has a role in grinding the ingested seaweeds. According to Lundberg and Lipkin (1993), small-sized Siganus rivulatus feed preferably on hard and large macrophytes whereas larger individuals prefer small macrophytes. These authors concluded that the choice of macrophytes is not related to the fish size but to their nutritional values. However, Lundberg (1980) indicated that this was observed only in autumn and not in other seasons. Equally significant, this observation was not reiterated by Lundberg and Lipkin (1993) when they pooled all seasons. One should also note that the reasoning of the authors was based on four dominant taxa in the digestive tract and not on the entire number of ingested taxa (Lundberg and Lipkin, 1993). Schools of *S. rivulatus* of all sizes are frequently observed in Lebanon grazing on low algal turfs. Microhabitat studies on nurseries showed that settlers of *S. rivulatus* were the most represented (44.7%) on this type of vegetation (Bariche *et al.*, 2004). Here young individuals graze on many species of different sizes. It is necessary to study their diet in detail before drawing conclusions.

Siganus luridus

In the eastern Mediterranean, Siganus luridus seems to select certain taxa such as Dictyota spp. or Padina spp. but generally ingests the most frequent macrophytes. The diet of this species changes seasonally and probably also with size. Among the most ingested taxa are Halopteris spp., Padina spp., Sphacelaria spp., Polysiphonia spp., Ulva spp. and Sargassum spp. whereas Cladophora spp., Dictyopteris polypodioides (as D. membranacea), Dictyota spp., Gelidiella spp., Peyssonnelia spp. and the seagrass Posidonia oceanica come in second (Tab. II).

The toxic Caulerpa racemosa is ingested by S. rivulatus in the Red Sea but this species has never been reported from stomach contents of the two other Siganidae (i.e., Siganus luridus and S. argenteus) (Lundberg, 1989; Lundberg and Lipkin, 1979; Lundberg and Golani, 1995). Caulerpa racemosa was introduced into the Mediterranean but is not a Lessepsian species (Verlaque et al., 2003). Caulerpa racemosa has never been found in the guts of Siganidae from Israel or Greece, but only in S. luridus from Cyprus where this macrophyte is abundant (Hadjichristophorou et al., 1997; Lundberg et al., 1999b). In Lebanon, it is common knowledge among fishermen that consumption of S. luridus may cause dizziness (pers. obs.). Ciguatera poisoning in Israel has been attributed to S. luridus and Sarpa salpa (Linnaeus, 1758) (Herzberg, 1973; Spanier et al., 1989), but it has also been suggested that the poisoning was more probably due to Caulerpa ingestion by these fishes (Chevaldonné, 1990).

The population density of Siganidae in Cyprus has decreased considerably in comparison with that elsewhere in the Mediterranean Sea, following a peak in the 1980s (Lundberg *et al.*, 1999b). The authors' results differ from those obtained in other areas. Since the sample size (*S. rivulatus*, N = 8; *S. luridus*, N = 17) in their study is very small, these results should be interpreted with caution.

It seems that in the Mediterranean, Siganus rivulatus has become more selective than in the Red Sea. In the new area, it avoids ingestion of certain macrophytes (e.g. Corallina elongata (as C. mediterranea) and searches for less frequent species such as Sphacelaria spp. or Taonia atomaria (Lundberg, 1980; Lundberg and Lipkin, 1993). In the Red Sea (Gulf of Aqaba), Laurencia spp. and Caulerpa racemosa were abundant both in the stomach contents and in the vege-

tation (Lundberg and Lipkin, 1993). Red algae such as *Laurencia* spp. and *Hypnea* spp. were heavily grazed by *S. rivulatus* while brown algae such as *Sargassum* spp., *Lobophora variegata* and *Cystoseira myrica* were the most selected (Lundberg and Golani, 1995). According to Golani (1993), selectivity being more important in the Mediterranean is probably due to a larger choice in resources. *Siganus luridus* has also modified its diet considerably (Stergiou, 1988; Lundberg and Golani, 1995). This change is characterized by a large trophic flexibility in the new environment but with marked preferences for certain taxa also ingested in the Red Sea such as *Sargassum* spp. or *Sphacelaria* spp. (Lundberg and Golani, 1995).

Obvious differences exist between stomach contents of both species collected in the same locations as well as between same species but collected in different seasons (Lundberg and Golani, 1995). Future studies should compare the diet of the two Siganidae species simultaneously in different areas of the Levantine basin, as well as on the Mediterranean coasts of Africa, where *S. luridus* was present before *S. rivulatus* (Por, 1978). These studies should also take into consideration the seasonal variations, age and sex of the fishes. The diet of the planktonic larvae in the wild remains completely unknown as well as the diet of Siganidae settlers in the nurseries. Studying the diet of settlers would help to determine if a nursery is linked to a mosaic of benthic organisms or if it is simply any shallow calm zone as already suggested for *S. rivulatus* (Bariche *et al.*, 2004).

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